



| WEEK ONE | | GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|-------------------------|---|--|---|--|---|
| WEEKS COMMENCING: 03/01/22 : 24/01/22 : 14/02/22 : 07/03/22 : 28/03/22 | Main Course | Tomato & Mozzarella Tart with Jacket Wedges | Classic Pasta Bolognese & Garlic Bread | Roast Gammon with Roast Potatoes, Stuffing & Gravy | Creamy Chicken & Spinach Pie with Mashed Potatoes | Fish Fingers with Chips & Optional Lemon Slaw or Tomato Sauce |
| | Vegetarian Main Course | Wholemeal Margherita Pizza Slice with Jacket Wedges | Vegetarian Mince Spaghetti Bolognese & Garlic Bread | Quorn Roast with Roast Potatoes, Stuffing & Gravy | Mediterranean Vegetable Lasagne | Crispy Vegetarian Burger with Chips & Optional Lemon Slaw or Tomato Sauce |
| | Jacket Potato & Filling | Jacket Potato with Cheese or Baked Beans | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jollof Rice with 5 Beans |
| | Sandwiches | Cheese Sandwich | Cheese Wrap | Hot Roast Baguette of the Day | Egg Sandwich | Cheese Sandwich |
| | Sandwiches | Egg Sandwich | Ham Sandwich | Egg Sandwich | Ham Sandwich | Tuna Sandwich |
| | Vegetables | Green Beans & Sweetcorn | Broccoli & Roasted Vegetables | Cauliflower & Seasonal Greens | Mixed Vegetables & Carrots/Mixed Salad | Baked Beans & Garden Peas |
| | Dessert | Orange & Banana Traybake | Apple Flapjack | Tropical Crumble with Pineapple, Mandarin, Peaches & Cream | Mixed Fruit Salad | Chocolate Cookie |
| WEEK TWO | | GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| WEEKS COMMENCING: 10/01/22 : 31/01/22 : 21/02/22 : 14/03/22 : 04/04/22 | Main Course | Wholemeal Margherita Pizza with Herby Diced Potatoes | Cheesy Ham & Broccoli Spaghetti with Herby Focaccia | Roast Turkey with Yorkshire Pudding, Roast Potatoes & Gravy | Chicken & Sweetcorn Meatball Sub with Arrabiata Sauce & Baked Wedges | Crispy Breaded Fish Fingers & Chips with Tomato Sauce |
| | Vegetarian Main Course | Cheesy Broccoli Spaghetti with Herby Focaccia | Vegetarian Meatball Sub with Arrabiata Sauce & Baked Wedges | Roast Vegetarian Balls with Yorkshire Pudding, Roast Potatoes & Gravy | Creamy Baked Macaroni Cheese | Vegetarian Hot Dog with Onions & Chips with Tomato Sauce |
| | Jacket Potato & Filling | Jacket Potato with Cheese or Baked Beans | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jollof Rice with 5 Beans |
| | Sandwiches | Cheese Sandwich | Tuna and Sweetcorn Wrap | Hot Roast Breadcake of the Day | Ham Sandwich | Cheese Sandwich |
| | Sandwiches | Ham Sandwich | Egg Sandwich | Cheese Sandwich | Egg Sandwich | Ham Sandwich |
| | Vegetables | Sweetcorn with Peppers & Garden Peas | Green Beans & Cauliflower | Carrots & Savoy Cabbage | Broccoli & Roasted Winter Vegetables | Baked Beans & Garden Peas |
| | Dessert | Oaty Raisin Cookies with Watermelon Slice | Cinnamon Pear Upside Down Cake with Chocolate Drizzle | Jam Tart & Custard | Lemon & Blueberry Yoghurt Cake | Brownie |
| WEEK THREE | | GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| WEEKS COMMENCING: 17/01/22 : 07/02/22 : 28/02/22 : 21/03/22 : 11/04/22 | Main Course | Vegetarian Meatballs with a Mediterranean Tomato Sauce & Mixed Rice | Sausage with Mashed Potatoes, Yorkshire Pudding & Gravy | Roast Chicken with Mashed Potatoes, Stuffing & Gravy | Chicken & Sweetcorn Pie with Mashed Potatoes | Classic Friday Fish & Chips with Tomato Sauce |
| | Vegetarian Main Course | Wholemeal Margherita Pizza with Pasta | Vegetarian Sausage with Mashed Potatoes, Yorkshire Pudding & Gravy | Quorn Roast with Mashed Potatoes, Stuffing & Gravy | Mediterranean Vegetable Lasagne | Mozzarella & Fresh Tomato Melt with Chips & Tomato Sauce |
| | Jacket Potato & Filling | Jacket Potato with Cheese or Baked Beans | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo |
| | Sandwiches | Cheese Sandwich | Salmon Sandwich | Hot Roast Baguette of the Day | Tuna and Sweetcorn Sandwich | Fish Finger Wrap |
| | Sandwiches | Egg Sandwich | Ham Sandwich | Cheese Sandwich | Ham Sandwich | Cheese Sandwich |
| | Vegetables | Mixed Vegetables & Garden Salad | Green Beans & Cauliflower | Mixed Vegetables & Carrots | Broccoli & Sweetcorn | Baked Beans & Garden Peas |
| | Dessert | Chocolate Shortbread with Apple Smiles | Carrot Cake Cookie | Peach Shortcake Bar & Custard | Mixed Fruit Salad | Lemon Slice |

Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.