

Spring / Summer Menu

Royd Infant School



| WEEK ONE | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|-----------------------|---|--|--|---|--|
| 13th Apr, 4th May, 25th May, 15th Jun, 6th Jul, 7th Sept, 28th Sept, 19th Oct 2026 | Main Meal Option | Sausage in a Roll with Tomato Pasta Salad | Beef Pasta Bolognese | Roast Chicken with Gravy, Stuffing & Roast Potatoes | Margherita Pizza with Pasta Salad | Fish Fingers & Chips |
| | Vegetable Meal Option | Vegetable Sausage in a Roll with Tomato Pasta Salad ^{VG} | Vegetarian Pasta Bolognese | Quorn Grill, Gravy, Stuffing & Roast Potatoes | Plant-based Meatballs in an Arrabbiata Sauce with Rice and Vegetables ^{VG} | Cheese Flan & Chips |
| | Vegetables | Coleslaw & Garden Peas | Vegetable Sticks or Sweetcorn | Seasonal Greens & Carrots | Broccoli, Carrots & Cauliflower or Mixed Salad | Garden Peas, Baked Beans |
| | Sandwiches | Cheese Or Tuna Mayo | Cheese Or Ham | Hot Chicken Baguette Or Egg Mayo | Cheese Or Ham | Egg Mayo Or Tuna Mayo |
| | Baked Jacket Potatoes | Jacket Potato with Tuna Mayo or Cheese or Beans | Jacket Potato with Tuna Mayo or Cheese or Beans | Jacket Potato with Tuna Mayo or Cheese or Beans | Jacket Potato with Tuna Mayo or Cheese or Beans | Jacket Potato with Tuna Mayo, Cheese, Beans or Salmon Mayo |
| | Dessert | Chocolate Fudge Cake | Apple Sponge | Strawberry Jelly ^{VG} | Fruit Slices & Vanilla Cookie ^{VG} | Vanilla or Chocolate Ice Cream |
| WEEK TWO | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 30th Mar, 20th Apr, 11th May, 1st Jun, 22nd Jun, 13th Jul, 14th Sept, 5th Oct, 26th Oct 2026 | Main Meal Option | Sausage & Mash with Gravy | Chicken Curry with Rice | Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes | Rainbow Vegetable Pizza with Tomato Pasta | Battered Pollock & Chips |
| | Vegetable Meal Option | Veggie Sausage & Mash with Gravy ^{VG} | Cauliflower, Sweet Potato & Lentil Curry with Rice ^{VG} | Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes | Spaghetti with Plant-based Meatballs in an Arrabbiata Sauce ^{VG} with Garlic Bread | Cheese Flan & Chips |
| | Vegetables | Broccoli, Sweetcorn & Baked Beans | Broccoli, Cauliflower & Carrots | Seasonal Greens & Carrots | Garden Peas & Sliced Carrots | Garden Peas & Baked Beans |
| | Sandwiches | Egg Mayo Or Tuna Mayo | Cheese Or Ham | Hot Chicken Baguette Or Egg Mayo | Cheese Or Tuna Mayo | Cheese Or Ham |
| | Baked Jacket Potatoes | Jacket Potato with Tuna Mayo or Cheese or Beans | Jacket Potato with Tuna Mayo or Cheese or Beans | Jacket Potato with Tuna Mayo or Cheese or Beans | Jacket Potato with Tuna Mayo or Cheese or Beans | Jacket Potato with Tuna Mayo, Cheese or Beans |
| | Dessert | Banana Bread Cookie | Raspberry Jelly & Fruit Slices ^{VG} | Oaty Cookie & Custard | Fruit Slices & Flapjack ^{VG} | Chocolate Mousse |
| WEEK THREE | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 6th Apr, 27th Apr, 18th May, 8th Jun, 29th Jun, 20th Jul, 31st Aug, 21st Sept, 12th Oct 2026 | Main Meal Option | Burger with Potato Wedges | Chicken Pie | Roast Chicken with Gravy, Stuffing & Roast Potatoes | Margherita Pizza with Rice Salad | Fish Fingers & Chips |
| | Vegetable Meal Option | Vegetable Burger with Potato Wedges | Macaroni Cheese with Vegetables or Salad | Quorn Grill, Gravy, Stuffing & Roast Potatoes | Pasta and Cauliflower Cheese Bake | Cheese & Onion Roll with Chips |
| | Vegetables | Sweetcorn & Baked Beans | Broccoli, Cauliflower & Carrots | Seasonal Greens, Carrots & Salad | Broccoli, Sweetcorn & Coleslaw | Garden Peas & Baked Beans |
| | Sandwiches | Egg Mayo Or Tuna Mayo | Cheese Or Ham | Hot Chicken Baguette Or Egg Mayo | Cheese Or Tuna Mayo | Cheese Or Ham |
| | Baked Jacket Potatoes | Jacket Potato with Tuna Mayo or Cheese or Beans | Jacket Potato with Tuna Mayo or Cheese or Beans | Jacket Potato with Tuna Mayo or Cheese or Beans | Jacket Potato with Tuna Mayo or Cheese or Beans | Jacket Potato with Tuna Mayo, Cheese or Beans |
| | Dessert | Chocolate Cookie ^{VG} | Pineapple Upside Down Cake & Custard | Orange Jelly ^{VG} | Flapjack with Fruit Slices | Cherry Iced Sponge Cake |

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

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| Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish | Vegan | VG |
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England's target for 'free sugar' intake for your child
 Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
 On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.